



Behaviour support plan requirements for the authorisation of restrictive practices

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A Behaviour Support Plan (BSP) is a document that contains individualised, evidence-based strategies to address the needs of a person. BSPs should improve a person's quality of life, promote safer outcomes and lead to the reduction and/or elimination of restrictive practices.

In Western Australia, National Disability Insurance Scheme (NDIS) funded and State-funded disability services are responsible for ensuring they meet the legislative and policy requirements for the development of BSPs.

For authorisation purposes, the Procedure Guidelines for Authorisation of Restrictive Practices in NDIS Funded Disability Services (Procedure Guidelines) outline the requirements for BSPs and the process for developing them when restrictive practices are being used or proposed to be used.

The Procedure Guidelines indicate BSPs must:

- be developed in consultation with the person with disability and all key stakeholders. This ensures that all relevant information is obtained and a sound understanding of the needs of the person and their supporters is developed. When engaging with the person with disability, principles of supported decision making should be utilised when required.
- clearly define all restrictive practices. It is important that those implementing the plan can determine the circumstances of when to use and when not to use a restrictive practice. There should be clear instruction on how to implement the restrictive practices so this can occur safely each time it is used.
- only include restrictive practice(s) in response to behaviours of concern that pose a risk of harm to the person with disability and/or others.



Behaviour support plan requirements for the authorisation of restrictive practices

- address each of the principles for the use of each restrictive practice, namely the principles of Last Resort, the Least Restrictive Approach, Reduce Risk of Harm, Proportionality and Shortest Possible Time.
- include or refer to a Reduction and Elimination plan for each restrictive practice included in a BSP. A Reduction and Elimination plan should detail a systematic approach to safely reduce the use of a restrictive practice over time. If at the interim plan stage, it should state the steps that will be taken to develop a Reduction and Elimination plan.

Contact information

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