



Department of Local Government,
Industry Regulation and Safety
Racing, Gaming and Liquor

Give alcohol a break and take back control.

Register to be part of the Banned Drinkers Register.

Taking a break from alcohol can help you build a healthier, stronger future.

Why go on the Banned Drinkers Register (BDR)

We know it's not just about the booze. Sometimes drinking can be a way to cope with life and feel normal – but it doesn't have to be.

Going grog-free can kick off a new start. The BDR can help you:

- take a break from drinking
- feel more in control
- support your family and kids
- build a stronger, healthier life

What it means for you

When you are on the BDR:

- you cannot buy takeaway alcohol
- you cannot have alcohol with you
- police can take alcohol from you

How to join the BDR

Option 1: Fill in a form

- Download the form at www.lgirs.wa.gov.au/bdr
- Fill it in
- Email it to: BDR@lgirs.wa.gov.au

Option 2: Email BDR@lgirs.wa.gov.au

Send us an email request including:

- your full name
- your date of birth
- your address
- your mobile number
- a copy of your photo ID

Build something **better.**

Support services are available in your region to help you while on the BDR.

Alcohol and Drug Support Line

T 1800 198 024 (regional toll-free from a landline) or (08) 9442 5000

E alcoholdrugsupport@mhc.wa.gov.au

Adult Mental Health Service

Outpatients Centre – Carnarvon Health Campus

20 Cleaver Street, Carnarvon 6701

T (08) 9941 3869 or (08) 9368 9368

E WACHS-Midwest.MMH and CADSReception@health.wa.gov.au

NGALA Carnarvon

Carnarvon Central Shopping Centre

33-55 Robinson Street, Carnarvon 6701

T 1800 051 999 or (08) 9941 3869

E ngala@ngala.com.au

Carnarvon Family Support Service

53 Olivia Terrace, Carnarvon 6701

T (08) 9941 1251

E familysupport@cfss.org.au

Carnarvon Gascoyne Outreach Service - Geraldton Regional Aboriginal Medical Service

14-16 Rushton Street, Carnarvon WA 6701

T (08) 9947 2200

E ReceptionList@grams.asn.au

**You can remove yourself from a voluntary BDO
by emailing us at BDR@lgirs.wa.gov.au**

Banned Drinkers Register

Department of Local Government, Industry Regulation and Safety
Racing, Gaming and Liquor

Locked Bag 14 Cloisters Square Perth WA 6850

✉ BDR@lgirs.wa.gov.au

☎ (08) 6551 4859 (weekdays)

Visit our website by scanning the QR code

