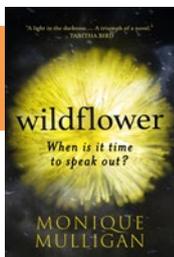


16 Days in WA recommended reading list 2023

Curated by the State Library of WA



Fiction



Wildflower Monique Mulligan

1979: After being bullied at school, Jane Kelly dreads spending the summer holidays alone, friendless. So, when

Acacia Miller moves in next door, Jane imagines carefree days of trading secrets and pinky promises with a new best friend. But as their friendship grows, Acacia remains stubbornly guarded about her home life, and Jane becomes caught up in a sinister situation she doesn't understand. When Acacia's secret becomes one too many for Jane to carry, she must choose whether to challenge the status quo and risk losing her only friend. Or stay silent, knowing the danger it hides. 1999: An abused woman flees to a refuge and bumps into someone from her childhood. Haunted by her past but grappling with a desire to reconnect and rebuild her life, she realises there are wounds that time alone cannot heal. Can she find the courage to confront the darkest secrets of all: her own?



The Mother Jane Caro

Recently widowed, Miriam Duffy is a respectable North Shore widow, real estate agent and devoted mother and

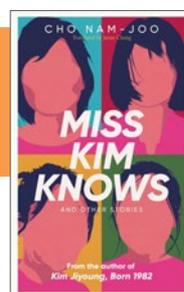
grandmother. She was thrilled when her younger daughter, Ally, married her true love, but as time goes by, Miriam watches in disbelief and growing fear as Ally's perfect husband starts controlling her and their children, cutting them off from the rest of the world. As the situation escalates and the law proves incapable of protecting them, Miriam is faced with an unthinkable decision. But she will do anything for the people she loves most in the world. Wouldn't you?



Daughters of Eve Nina D. Campbell

When a high-profile murder lands literally at her feet, Detective Emilia Hart sees a chance to expand her caseload

beyond the endless succession of domestic violence matters she is forced to investigate. But this is no simple investigation. Another body turns up, then another. Then more – a lot more. All men, all shot, with a similar MO. It's not until a manifesto taking credit for the crimes is published by a group calling themselves Daughters of Eve that Hart confirms a link between the victims: all of them had been perpetrators themselves. All had offended against women or children. Few had been charged with those crimes – and none convicted. As panic sets in and chaos rules the streets, the police draw ever closer to the Daughters of Eve, but the serial killer continues to elude them. Again, Hart sees something that everyone else has missed. And what that is, she cannot believe.

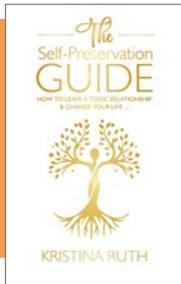


Miss Kim knows: and other stories Cho Nam-Joo

A woman is born. A woman is filmed in public without consent. A woman suffers

domestic violence. A woman is gas lit. A woman is discriminated against at work. A woman grows old. A woman becomes famous. A woman is hated, and loved, and then hated again.

Non-fiction



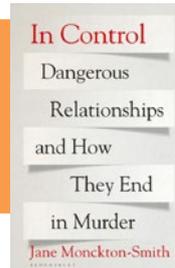
The self-preservation guide: how to leave a toxic relationship & change your life... Kristina Ruth

Are you feeling like you are stuck in a toxic relationship and want to change your life? Whether you are at home, work, or in your social environment – having toxic relationships cause stress, anxiety, fear, exhaustion, pain and suffering. This book shows you what red flags and warning signs to look out for, so you don't find yourself in unhealthy, dangerous or toxic relationships. It also walks you through step-by-step on how to prepare and remove yourself from an existing toxic relationship, and provides contact details for a support system to help you begin your new life!



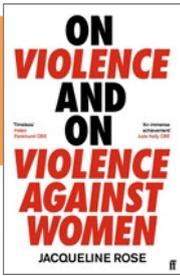
Coercive control in children's and mothers' lives Emma Katz

If a situation of coercive control was a political system, it would be a dictatorship. The coercive control perpetrator is the dictator. Dictators, able to behave with deceptive politeness on the international stage, are defined by their cruel, ruthless, and paranoid tyranny over their own people. Domestic opposition is usually banned. Contact with people from other countries is heavily restricted. Citizens are likely to be under constant surveillance. Compliance is instilled through terror and threat of punishment. In other words, life with a coercive control perpetrator is like living under one of the most oppressive governments on Earth. And there are millions of these mini dictatorships happening right now on ordinary streets.



In control: dangerous relationships and how they end in murder Jane Monckton Smith

Domestic homicide is a pandemic so pervasive that the soaring figures cause weary resignation rather than alarm. For thirty years, Professor Jane Monckton Smith has been fighting to change this. A former police officer and internationally renowned professor of public protection, she lectures on sexualised and fatal violence; works with families bereaved through homicide: and trains police and other professionals on how to best handle cases involving coercive control, domestic abuse, and stalking. Killers do not snap and lose control. Her ground-breaking research led to the creation of the eight-stage homicide timeline, laying out identifiable stages in which coercive relationships can escalate to murder and revolutionising our understanding of them. There are signs, if you know how to see them. In this book, Monckton Smith shares a glimpse into a world of toxic masculinity and coercive control, one in which the tools are shame and fear, helped along by a media and justice system who are far from shedding sexist notions of men and women's roles in society. Drawing on disciplines including psychology, sociology and law, she talks to victims, their families, and killers, putting together pieces to the puzzle of how these relationships can end in murder, and bringing to light the reasons why – for so many of us – there is no such thing as the safety of one's own home.



On violence and on violence against women

Jacqueline Rose

Why has violence, and especially violence against women, become so much

more prominent and visible across the world? To explore this question, Jacqueline Rose tracks the multiple forms of today's violence, historic and intimate, public and private, as they spread throughout our social fabric, offering a new, provocative account of violence in our time. From trans rights and #MeToo to the sexual harassment of migrant women, from the trial of Oscar Pistorius to domestic violence in lockdown, from the writing of Roxanne Gay to Hisham Matar and Han Kang, she casts her net wide. What obscene pleasure in violence do so many male leaders of the Western world unleash in their supporters? Is violence always gendered and if so, always in the same way? What is required of the human mind when it grants itself permission to do violence? On Violence and On Violence Against Women is a timely and urgent agitation against injustice, a challenge to radical feminism and a meaningful call to action.

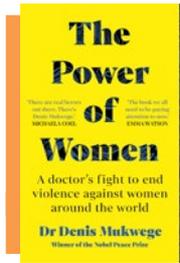


Fix the system, not the women

Laura Bates

Too often, we blame women. For walking home alone at

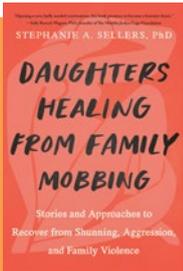
night. For not demanding a seat at the table. For not overcoming the odds that are stacked against them. This distracts us from the real problem: the failings and biases of a society that was not built for women. In this explosive book, feminist writer and activist Laura Bates exposes the systemic prejudice at the heart of five of our key institutions.



The power of women: a doctor's fight to end violence against women around the world

Denis Mukwege

Nobel laureate, world-renowned doctor and human rights activist, Dr Mukwege has dedicated his life to caring for victims of sexual violence. Over the past two decades living and working in the Democratic Republic of the Congo, he has stood up to soldiers and warlords, survived massacres and multiple assassination attempts, never swaying from his mission. In this book Dr Mukwege interweaves his own dramatic story with the experiences of a range of extraordinary characters: the women he has treated, many of whom – after suffering unspeakable brutality – have had the strength to heal and rebuild their lives, as well as the people he has worked with, and survivors of sexual violence whom he has met during his years of advocating for women's rights around the world. Early on in his career, Dr Mukwege realised what he was dealing with in the DRC was merely the extreme end of a global scourge. Sexual violence is the most common, under-reported and least prosecuted crime in the world. It does not occur in a vacuum. We are all implicated whether the violence occurs in war-torn countries, or on college campuses in the West. "The Power of Women" is a rallying cry to rid our societies of violence against women, and to better learn from their resilience, strength and power. It challenges us to think about our own experiences and how all of us have a part to play in bringing about change. For Dr Mukwege, 'emotion without action' is meaningless. Read this book and say 'no' to indifference.



Daughters healing from family mobbing: stories and approaches to recover from shunning, aggression, and family violence
Stephanie A. Sellers

A galvanizing call to end family-based anti-female violence, shaming, and shunning – stories and practices for healing from family mobbing. “Family Mobbing” is a strategic process of power and control. When daughters are mobbed, they’re not just shunned, attacked, or slandered – they’re also subjugated by a system of family rules that reinforces patriarchal oppression. What makes mobbing so insidious – and so under-reported – is that here, family itself is the site of violence, trauma, and shame.



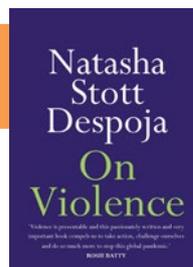
Murder at home: how our safest space is where we're most in danger
David Wilson

David will be exploring the tragic prevalence of domestic murder by walking the reader through each room of the house, and discussing how, for so many victims, their own home is the place they are most in danger. In this book he is taking a step back and look at the tragic, ordinary nature of murder – in the hope that we can do more to help victims in spotting the signs of risk sooner. By tracking through the rooms we live in David will uncover the everyday impact of violence and the how it can touch us all.



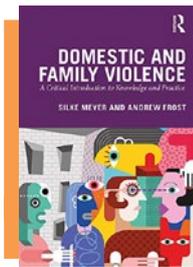
Difficult people: dealing with the bad behaviour of difficult people
Rebecca Ray

An explosive boss, a controlling boyfriend, a gaslighting colleague, an interfering mother-in-law, a friend who talks only about herself – we all know them, but how do we deal with them? Difficult people take over our lives. They live rent-free in our heads. We steel ourselves before we meet them. We can’t relax when we are with them. We ruminate on their behaviour after they’ve gone. They harvest our empathy and operate without regard for our feelings. In *Difficult People*, Dr Rebecca Ray shows us how to recognise (and understand) difficult people and provides us with practical strategies for self-preservation. From learning when to say no, limiting contact and managing our reactions, to knowing when to walk away for good. With her expertise, insight and guidance, we learn to understand how and when another person’s behaviour puts our psychological safety at risk and what steps we can take to restore our boundaries. Compassionate, honest and authoritative, this is your complete guide to getting your life back from the grip of a difficult relationship, and learning how to avoid them in the future.



On violence
Natasha Stott Despoja

Every two minutes, police are called to a family violence matter. Every week, a woman is killed by a current or former partner. This is Australia’s national emergency. Violence against women is preventable. It is not an inevitable part of the human condition. It’s time to create a new normal. It is time to stop the slaughter in our suburbs.

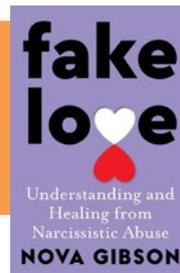


Domestic and family violence: a critical introduction to knowledge and practice
Silke Meyer and Andrew Frost

Domestic and family violence (DFV) is an enduring social and public health issue of endemic proportions and global scale, with multiple and lasting consequences for those directly affected. This book tackles current debates in the field and addresses the social norms and settings that perpetuate this type of violence, along with implications for service delivery.

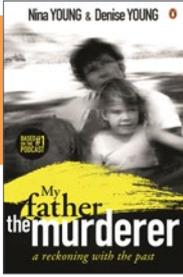
The book offers a thorough introduction into the nature and extent of DFV in contemporary social contexts and serves as a foundation for informed practice. It provides a firm theoretical and empirical overview of core issues, covering the challenges and support needs experienced by those affected, along with the implications this raises for the range of relevant response services. The authors also offer insight into the predominantly gendered nature of DFV and its influence beyond the traditional couple context, across age, gender, sexual orientation, cultural background and family relationships. Drawing on theoretical explanations, international research, and practice experience, they highlight examples of good practice and holistic responses, including primary, secondary, and tertiary prevention.

Written in a clear and direct style, this book will appeal to students and scholars of criminology, sociology, and social work engaged in studies of domestic and family violence, violence against women, and intimate partner violence. It will be an invaluable resource for those designing, coordinating and conducting service responses.



Fake love: understanding and healing from narcissistic abuse
Nova Gibson

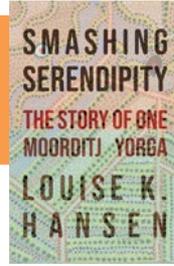
Clear, concise and empowering self-help about navigating and healing from narcissistic abuse by Australia's go-to specialist counsellor. The love of a narcissist is fake. It's a soul-destroying realisation for every victim of narcissistic abuse, but even more damaging is finding yourself trapped and abused by the person who claims they love you. Nova Gibson has helped thousands of people in their struggle to understand, extricate themselves and heal from toxic relationships and narcissistic abuse. Drawing on the expertise gained from a decade of working with clients and her global online community, Nova offers comfort, knowledge and powerful strategies to help you identify, navigate and survive this extremely covert, confusing – and dangerous – form of abuse. In this life-changing book, Nova brings unparalleled insight into the lived experience of victims and helps identify the behaviours of narcissistic abusers, such as coercive control and gaslighting, pathological lying, the love bomb-devalue-discard cycle, hoovering, smear campaigns and many, many more. She also helps you understand covert and overt narcissism, and explores in depth the concept of trauma bonding, which creates a powerful connection with your abuser and explains why and how you're compelled to stay, even when the abuse is impossible to ignore. In this deeply compassionate book, Nova offers hope, support and concise, practical strategies to break the toxic cycle, extricate and protect yourself ... and most importantly, heal.



My father, the murderer: a reckoning with the past

Nina Young and Denise Young

This was Nina Young's shocking realisation in her mid-twenties, when she found out from online court records that her estranged father, Allan Ladd, had strangled a woman to death decades before. In prison he'd met Denise, Nina's mother, who was his tutor. Although Denise didn't know the extent of Allan's crime when she fell in love with him, by the time she found out, she was in too deep. She had to flee from him before Nina turned two. A decade after reading the court records, Nina, now a journalist, decided to release a podcast to tackle the questions she'd been asking herself ever since. How did her mother fall in love with a murderer? What happened to Conan, Nina's estranged half-brother, who spent his formative years in Allan's care? How much do your origins determine your destiny? This is the story behind the podcast, taking Nina on a cross-country journey to retrace her steps. It is also Denise's story, of falling in love with a charismatic, intelligent prisoner who turned out to be violent and callous. Unburdening herself of the stigma she carried with her for thirty years, Denise writes of what it took to leave and rebuild her life in the wake of the destruction Allan caused. A dual memoir, a true crime story and an examination of the way domestic violence insinuates itself into the lives of survivors, *My Father, the Murderer* is, at its heart, a story of a mother and daughter coming together with honesty and openness to reckon with the past.



Smashing serendipity: the story of one moorditj yorga

Louise K. Hansen

This is a raw, gritty, inspiring, eye-opening true story of one woman's life that represents the lives of so many other Aboriginal women like her. Life is tough for the Connell family, growing up in a small town where racist attitudes, discrimination and violence against Aboriginal people is commonplace. Lavinia is lucky – her parents ensure her family stays together while other cousins and friends are removed from the state. But violence and adversity occur over and over, even while young Lavinia also excels – at sport and at school – drawing on her own inner strength and a physical resourcefulness. In time, Lavinia will find herself a homeless young widow, stripped of hope when her own four children are taken away. But she has a way of righting herself, using education and determination to bring her small family back together, and finding love when she least expects it. *Smashing Serendipity* is the yarn Lavinia tells her children and her grandchildren, gathered by the fire on the banks of the river where she grew up – the story of one good woman – one moorditj yorga – that reflects the stories of so many strong, determined women of her time.

Juvenile fiction



Being Jimmy Baxter Fiona Lloyd

It's not easy being Jimmy Baxter: The real Jimmy's hiding inside; Ned Kelly's giving him the evil eye; Mum's stopped going to work and stays in bed; There's no eggs in the fridge – or anything else. AND there's new jobs, bad-at-school brains and a whole lot of trouble called Duke. But then ... there's Mac.

ISBN	Title/Author	Literary Genre	Available in Public Libraries	Print / e-Resource
9781925827453	Wildflower / Monique Mulligan [2022]	Fiction	Yes	Print and eResource
9781760879662	The mother / Jane Caro [2023]	Fiction	Yes	Print and eResource
9781761065385	Daughters of Eve / Nina D. Campbell [2022]	Fiction	Yes	Print only
9781398522916	Miss Kim knows: and other stories / Cho Nam-Joo; translated by Jamie Chang [2023]	Fiction	Yes	Print and eResource
9780645052558	The self-preservation guide: how to leave a toxic relationship & change your life... / Kristina Ruth; foreword by Jodie Nolan [2021]	Non-fiction	Yes	Print only
9780190922214	Coercive control in children's and mothers' lives / Emma Katz [2022]	Non-fiction	No	Print only
9781526613202	In control: dangerous relationships and how they end in murder / Jane Monckton Smith [2021]	Non-fiction	Yes	Print only
9780571332724	On violence and on violence against women / Jacqueline Rose [2022]	Non-fiction	Yes	Print only
9781398514331	Fix the system, not the women / Laura Bates [2022]	Non-fiction	Yes	Print and eResource
9781780725376	The power of women: a doctor's fight to end violence against women around the world / Denis Mukwege [2022]	Non-fiction	Yes	Print only
9781623178437	Daughters healing from family mobbing: stories and approaches to recover from shunning, aggression, and family violence / Stephanie A. Sellers [2023]	Non-fiction	Yes	Print only
9780751584967	Murder at home: how our safest space is where we're most in danger / David Wilson [2023]	Non-fiction	Yes	Print only
9781761261664	Difficult people: dealing with the bad behaviour of difficult people / Rebecca Ray [2023]	Non-fiction	Yes	Print and eResource
9780522875546	On violence / Natasha Stott Despoja [2019]	Non-fiction	Yes	Print only
9781138552739	Domestic and family violence: a critical introduction to knowledge and practice / Silke Meyer and Andrew Frost [2019]	Non-fiction	No	Print only
9781460764336	Fake love: understanding and healing from narcissistic abuse / Nova Gibson [2023]	Non-fiction	Yes	Print and eResource
9781760890575	My father, the murderer: a reckoning with the past / Nina Young and Denise Young [2021]	Non-fiction	Yes	Print and eResource
9781760991166	Smashing serendipity: the story of one moorditj yorga / Louise K. Hansen [2023]	Non-fiction	Yes	Print and eResource
9781760148515	Being Jimmy Baxter / Fiona Lloyd [2023]	Juvenile Fiction	Yes	Print only