Translation - Martu to Plain English



How you can plan ahead if you are well

- 1. How you can plan if you are very sick
- 2. We all want to stay healthy, but sometimes we get sick.
- 3. If you were very sick and could not make your own decisions, who would you like to make them for you?
- 4. If you want a family member or friend to make your decisions, you can make a plan for this.
- 5. There are two forms you can fill out:
- 6. One is called an "Enduring Power of Attorney".
- An Enduring Power of Attorney is when you chose someone to make decisions about your money.
- 8. The other one is called an "Enduring Power of Guardianship"
- An Enduring Power of Guardianship is when you choose someone to make decisions about where you live, your health, your medicine, and services that you might use.
- 10. These forms can help you plan for the future and get help and support from the people you trust the most.

- 11. These forms can help you make your own decisions about your future care and can reduce the need for government agencies to get involved.
- 12. The forms are written in English, but you can ask for an interpreter for help.
- 13. The forms are free.
- 14. The forms can be download from the Office of Public Advocate Website
- 15. For more information you can:
- 16. look up: publicadvocate.wa.gov.au
- 17. Email the Office of Public Advocate opa@justice.wa.gov.au
- 18. Or call 1300 858 455.
- 19. That number again is 1300 858 455.
- 20. Authorised by the Office of Public Advocate, spoken by Aboriginal Interpreting WA.