

Government of Western Australia Mental Health Commission

Young People Priority Framework

Overview of approach to development September 2020





Mental health and Alcohol and Other Drug

- WA Mental Health, Alcohol and Other Drug Services Plan 2015-2025 and Plan Update 2018 identify young people as a high priority group
- 75% of mental health issues start before the age of 25
- In 2019-20, there were an additional 1,534 mental health-related ED attendances across the State for 12 to 24 age group compared to 2017/18 (9.7% increase). There were 3,213 ED attendances for self-harm in 2019/20, a 7.9% increase compared to 2017/18.
- Commissioner for Children and Young People has identified mental health as a topic of concern to young people, their families and carers
- COVID-19 has intensified concerns about the mental health of young people, due to employment impacts, financial security, access to education, and accommodation issues. These concerns have been highlighted in the recently released YACWA COVID-19 Recovery Framework
- Alcohol contributes to all the leading causes of death for young people: suicide, land transport accidents, accidental poisoning, and assault.
- For illicit drug use, in 2019, 15.6% of people aged 14 and over had used an illicit drug (including pharmaceuticals) in the previous 12 months. AOD treatment data also shows that whilst cannabis is the most common primary drug of concern for the 12 -15, 16-17 and 18-24 age groups, the use of amphetamine-type stimulants increases with age.

Context



- CCYP Progress Update on the '2015 Our Children Can't Wait' report
- Ombudsman Western Australia follow up on 'Investigation into Ways that State Government Departments and Authorities can Prevent or Reduce Deaths of Young People by Suicide'
- Report of the Productivity Commission inquiry into mental health
- Continuing work by Government in response to the Coroner's Inquest into deaths of 13 Children and Young Persons in the Kimberley
- MHC Suicide Prevention Framework initiatives related to youth
- Youth accommodation initiative

Objective



To improve mental health and wellbeing of young people in Western Australia by identifying:

- Key issues impacting on the mental health, alcohol and other drug difficulties of young people, including COVID-19
- Focus areas for action and priorities among these
- Actions to be taken in each focus area, including those:
 - within the public health system and community sector
 - across State Government agencies
 - involving Commonwealth entities

Scope

- Young people aged 12 to 24 years old
- Mental health, alcohol and other drug issues, including co-occurring issues
- From prevention to treatment, and post-treatment support
- Integrated/joined-up solutions across:
 - mental health, alcohol and other drug issues
 - drivers of mental health, alcohol and other drug issues, including unemployment, homelessness, family environment
- Particularly vulnerable young people
- Will consider specific groups, including Aboriginal people, people from CaLD backgrounds, people living with disability, LGBTIQ+ people, and people living in regional and remote areas





Method



- Review past work, current literature and available quantitative and qualitative data
- Consult with young people, their families and carers, service providers, government agencies, peak bodies and others
- Develop Supporting Paper to include:
 - analysis
 - possible focus areas for action
 - possible priorities
- Develop draft Priority Framework, setting out focus areas, priorities and actions, for consideration and approval
- Finalise Supporting Paper to Priority Framework



Deliverables



- 1. Young People Priority Framework (working title) (5-10 pages) (mid November 2020)
- Sets out agreed focus areas, priorities among them, and actions to be taken in each focus area, for implementation by MHC, State Government agencies, Commonwealth Government agencies, the public health system and community sector organisations
- Planned release by the Minister for Mental Health December 2020
- 2. Supporting Paper (20-30 pages) (mid November 2020)
- Provides quantitative and qualitative evidence to support agreed focus areas for action

3. Consultation Summary Report (end October 2020)

• Summarises the outcomes of consultations, including young people, their families and carers; will include case studies and the voices of young people, their families and carers; feeds back to those consulted; informs the development of the Priority Framework

4. Communications strategy (end November 2020)

- Promote and obtain support for the priorities for action
- 5. Associated budget submissions and initiatives for action (mid November 2020)
- Where required, budget submissions for government consideration



Governance



Directors-General Steering Committee

MHC, Departments of Communities, Education, Justice, Health, Local Government, Sport and Cultural Industries, Treasury, Premier and Cabinet, WA Police, Training and Workforce Development

Mental Health Executive Committee

MHC, Chief Medical Officer - MH, DG of Health, HSP Chief Executives, Consumer and Carer representatives

Community Mental Health, Alcohol and Other Drug Council

MHC, Chief Medical Officer – MH, MHAC, AODAB, CoMHWA, WAAMH, WANADA, WAPHA, AHCWA, Consumer and Carer representatives

Senior Officers Working Group Tier 2/3 Government

representatives



Stakeholder engagement

- Young people, their families and carers
- Peak bodies for young people, mental health and alcohol and other drugs; MHC's advisory bodies (MHAC, AODAB)
- Mental health and alcohol and other drug services
- Mental Health Sub-Networks (including Youth, Personality Disorders, Eating Disorders, Multicultural)
- State Government agencies and advisory bodies (Aboriginal Advisory Council, Multicultural Advisory Group, Supporting Communities Forum)
- Commonwealth Government entities and peak bodies (including WAPHA)
- Ombudsman WA, CCYP, OCP, MHAS, Public Advocate, and clinicians.





Key milestones



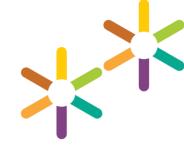
Next steps	Timeframe
Gather quantitative and qualitative information	Commenced
 Consult with key stakeholders (including Steering Committee, MHEC and CMC) on basis of Consultation Paper 	Sept to Oct 2020
 Develop Consultation Summary Report to feed back to stakeholders and inform Framework 	Due: end Oct 2020
 Develop draft Framework (5-10 pages) setting out focus areas, priorities and actions 	Due: mid Nov 2020
 Develop Supporting Paper (20-30 pages) to provide further detail about items included in Framework 	
 Seek Steering Committee, MHEC and CMC endorsement of final draft of Framework (and Supporting Paper), including initiatives for further consideration by Government 	Due: late Nov 2020
Release of Framework (and Supporting Paper)	Due: Dec 2020

Key interdependencies

- WA Mental Health, Alcohol and Other Drug Services Plan 2015-2025 and Plan Update 2018
- Targeted independent review by Chief Psychiatrist
- Office of Digital Government Data Hub project
- Closing the Gap

- Commitment to Aboriginal Youth Wellbeing
- Kimberley Juvenile Justice Strategy
- Proposed amendments to CCS Act; Rapid Response Framework
- Department of Communities-led Homelessness, Housing, Family and Domestic Violence, Disability strategies and Youth Plan

Contact



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Or for more information see: <u>https://www.mhc.wa.gov.au/yppf</u>





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Additional key performance indicators may be developed over the life of the Strategy as needed that focus on priority groups, drugs of concern and emerging issues.