



## Help is Available

# Albany – Mount Barker

### Homeless Helpline

Free call: 1800 065 892

### National Sexual Assault, Domestic and Family Violence Counselling Service

Free call: 1800 737 732 (1800 RESPECT)

### Alcohol and Drug Support Line

Free call: 1800 198 024

### Aboriginal Legal Service of WA Inc

Free call: 1800 019 900

Phone: 9841 7833

### Anglicare WA

Support and referral services

Phone: 1300 114 446

#### Albany

Phone: 9845 6666

#### Mount Barker

Phone: 9851 2611

### Chorus

In-home and community support for seniors, people with disability or seeking mental health support

Free call: 1800 264 268

Phone: 9892 6666

### Citizens Advice Bureau WA

Phone: 9221 5711

### Department of Communities

Free call: 1800 176 888

#### Child Protection and Family Support

Phone: 9841 0777

#### Disability Services

Phone: 6167 8650

#### Housing

Phone: 6277 4177

### Headspace

Phone: 9842 9871

### Individual Disability Advocacy Service

Free call: 1800 606 060

Phone: 9842 8566

### Outcare

Support services to rebuild lives

Phone: 6263 8622

### Rainbow Coast Neighbourhood Centre

Support services for parents with children aged 0 to 5 years

Phone: 9841 8254

### Relationships Australia

Support services for individuals, couples and families

Phone: 1300 364 277

Phone: 6164 0530

### RuralLink

After hours mental health support line for rural communities

Free call: 1800 552 002

### Salvation Army

Support and referral services

Phone: 13 72 58

Phone: 9841 1068

### St Vincent De Paul Society

Support and referral services

Phone: 1300 794 054

Phone: 9842 2386

## Albany

### Advance Housing

Phone: 9845 9697

### Albany Community Legal Centre Inc

Free call: 1800 606 060

Phone: 9842 8566

### Albany Migrant Resource Centre

Phone: 9841 1190

### Albany Women's Centre

Phone: 9845 6000

### Albany Youth Support Association

Phone: 9842 2082

### Depression Support Network Albany

Phone: 9842 1439

### Great Southern Aboriginal Health Service

Phone: 9892 7222

### Great Southern Mental Health Service

Phone: 9892 2440

### Great Southern Migrant Services

Support services for migrants

Phone: 9841 8254

### Kids Central Great Southern

Counselling service for parents and children aged 3 to 14 years

Phone: 9842 3676

### Palmerston

Counselling services for mental health and substance abuse

Phone: 9892 2100

### Parenting Connection WA

Support services for parents with children aged pre-birth to 18 years

Mobile: 0448 137 192

### Pivot Support Services

Range of support services for people experiencing homelessness, ex-offenders and the disadvantaged in the community

Phone: 9842 9699

### Richmond Wellbeing

Mental health support services

Phone: 9842 9221

### Samaritan Befrienders Crisis Line

Provides support to prevent suicide

Phone: 9842 2776

### Shalom House

Support services to homeless, at risk, disadvantaged and marginalized people

Phone: 9847 4902

### Southern Aboriginal Corporation

Phone: 9842 7777

### Yorgum

Support services for Aboriginal and Torres Strait Islander people

Free call: 1800 469 371

## Mount Barker

### Albany Community Mental Health Service

Mount Barker Outreach Clinic

Phone: 9892 2440

### Mount Barker Community Resource Centre

Emergency support services

Phone: 9851 2674

### Translating and Interpreting Service (TIS) –

Telephone: 13 14 50

If you are deaf, or have a hearing or speech impairment, contact us through the National Relay Service.

For more information visit:

[Communications.gov.au/accesshub/nrs](http://Communications.gov.au/accesshub/nrs)