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# Thrive

## Empowering individuals and families to live their best lives by building their skills and knowledge to reach their social and economic goals.

#### What is Thrive?

Thrive is a free support program funded by the Department of Communities (Communities) which aims to empower individuals and families to lead their best lives. The program provides early intervention and support for clients to build life skills and maintain their household. It focusses on enabling people to develop resilience in a range of circumstances, whether they live individually, as a couple or as a family.

Thrive provides outreach, referrals to other support services, tenancy support, advocacy and advice. Thrive support providers will work with you to create a support plan that is tailored to your needs and goals.

#### How can Thrive help me?

Thrive is designed to achieve the best outcomes for both families and individuals, understanding and respecting people, place and home.

Depending on your needs, the program can help you resolve issues that may be preventing you from sustaining a tenancy, and / or address barriers affecting your wellbeing. These issues may include:

- family and domestic violence
- relationship breakdowns
- support relating to children and youth issues
- visitors and overcrowding
- money and budgeting problems
- tenancy or property concerns

#### How can I join Thrive?

If you think that Thrive is right for you:

- contact your Housing Services Officer about what Thrive may do for you, and
- complete a consent form at your nearest Communities office, when your Housing Services Officer visits your property or ask for one to be mailed out to you.

Once you've discussed Thrive with your Housing Services Officer and Communities receives your form, the Thrive provider in your area will contact you to arrange your first meeting.

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#### What happens when I'm in Thrive?

If you participate in Thrive, a support provider will work with you to understand any barriers or difficulties being experienced in your tenancy or day to day life. You will then work together to develop a plan to enable individual or family success.

While participating in Thrive your support provider will:

- Meet regularly with you to identify and tackle problems early by building on your strengths.
- Provide you with personalised support based on the needs of you and your family.
- Establish a support network by helping you find and connect with services available in your local community.
- Ensure that all assistance is culturally appropriate.

#### How do I get more information?

To find out how Thrive may be able to assist you:

- contact your Housing Services Officer,
- speak to your Housing Services Officer the next time they visit your property or community, or

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• visit your nearest Communities Office.

Thrive is delivered in partnership with:











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