# Restrictive Practice Schedule and Elimination Plan (Chemical Restraint)

**This restrictive practice schedule is an example of how information about restrictive practice use can be documented. This could form part of a BSP or an attachment to a BSP.**

**Chemical restraint**

* This table is for recording the use of chemical restraint only.
* Copy and paste this table for each chemical restraint being used.

|  |  |
| --- | --- |
| Restrictive practice schedule and elimination plan (chemical restraint) details | Required information |
| Implementing Provider business name | Enter text here. |
| Implementing Provider service location | Enter text here. |
| Administration type | Choose an item. |

Medication information

* **The following can be used as a summary of medication information but should not be used for administration purposes.**
* Medication should only ever be administered from a current medication chart as prescribed by a medical doctor. Medication information in this plan should not be relied upon, as the type, dosage or frequency may change during the time that this plan is in place.

|  |  |
| --- | --- |
| Medication details | Required information |
| Drug name | Enter text here. |
| Dosage | Enter text here. |
| Unit of measurement | Enter text here. |
| Conditions/limits of use | Choose an item. |
| Frequency | Enter text here. |
| Route of administration | Enter text here. |
| Side effects | Enter text here. |
| Prescriber name | Enter text here. |
| Date of last review by doctor | Choose date here. |

**Rationale for the restrictive practice**

Circumstances in which the restrictive practice is to be used (include information about when, where, location, time, how):

**Explanation of how the Principles are met in the context of this BSP**

(Provide a description below each principle to summarise the evidence in the plan that demonstrates this principle has been addressed)

1. **Last Resort Principle:** the restrictive practice must be used only as a last resort in response to a risk of harm to the person with disability or others, and after the Implementing Provider has explored and applied other evidence-based, person-centred and proactive strategies.

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1. **Least Restrictive Approach Principle:** the restrictive practice must be the least restrictive response possible in the circumstances to ensure the safety of the person or others.
2. **Reduce Risk of Harm Principle:** the restrictive practice must reduce the risk of harm to the person with disability or others relative to harm that exists prior to the use of the restrictive practice.
3. **Proportionality Principle:** the use of the restrictive practice must be in proportion to the potential negative consequence or risk of harm of not using the restrictive practice.
4. **Shortest Possible Time Principle:** the restrictive practice mustbe used for the shortest possible time to ensure the safety of the person with disability or others.

**Elimination/Fade-out plan**

(This should outline how the restrictive practice will be gradually reduced based on when the behavioural goals outlined above are achieved)

* Strategies for fading out the use of the restrictive practice – identify a staged plan that outlines how the restrictive practice will be reduced and eventually eliminated over time.

**Monitoring, evaluation and reporting**

* What monitoring and data collection procedures will take place regarding the use of the restrictive practice? Specify:
  + What data will be collected/monitored?
  + Who is responsible for collecting data?
  + What data be shared by whom, with whom and how often?
  + How will this data be used?

# Appendix 4: Restrictive Practice Schedule and Elimination Plan (Environmental, Mechanical, Physical Restraint or Seclusion)

**This restrictive practice schedule is included as an example of how information about restrictive practice use can be documented. This could form part of a BSP or an attachment to a BSP.**

**Environmental, Mechanical, Physical Restraint or Seclusion**

* This table is for recording the use of regulated restrictive practices other than chemical restraint.
* Copy and paste this table for each regulated restrictive practice being used.

|  |  |
| --- | --- |
| Restrictive Practice schedule and elimination plan (other than chemical restraint) details | Required information |
| Implementing Provider business name | Enter text here. |
| Implementing Provider service location | Enter text here. |
| Administration type | Choose an item. |
| Restrictive practice type | Choose an item. |
| Sub-type if other | Enter text here. |

**Rationale for the restrictive practice**

Circumstances in which the restrictive practice is to be used (include information about when, where, location, time, how):

**Explanation of how the Principles are met in the context of this BSP**

(Provide a description below each principle to summarise the evidence in the plan that demonstrates this principle has been addressed)

1. **Last Resort Principle:** the restrictive practice must be used only as a last resort in response to a risk of harm to the person with disability or others, and after the Implementing Provider has explored and applied other evidence-based, person-centred and proactive strategies.

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1. **Least Restrictive Approach Principle:** the restrictive practice must be the least restrictive response possible in the circumstances to ensure the safety of the person or others.
2. **Reduce Risk of Harm Principle:** the restrictive practice must reduce the risk of harm to the person with disability or others relative to harm that exists prior to the use of the restrictive practice.
3. **Proportionality Principle:** the use of the restrictive practice must be in proportion to the potential negative consequence or risk of harm of not using the restrictive practice.
4. **Shortest Possible Time Principle:** the restrictive practice mustbe used for the shortest possible time to ensure the safety of the person with disability or others.

**Elimination/Fade-out plan**

(This should outline how the restrictive practice will be gradually reduced based on when the behavioural goals outlined above are achieved)

* Strategies for fading out the use of the restrictive practice – identify a staged plan that outlines how the restrictive practice will be reduced and eventually eliminated over time.

**Monitoring and reporting**

* What monitoring and data collection procedures will take place regarding the use of the restrictive practice? Specify:
  + What data will be collected/monitored?
  + Who is responsible for collecting data?
  + What data be shared by whom, with whom and how often?
  + How will this data be used?