

# An Age-friendly WA: State Seniors Strategy 2023-2033 (Summary)

## Vision

Western Australian seniors are valued, safe, and empowered to lead happy and fulfilling lives in age-friendly communities

## Pillars of change

## Outcomes

### Thriving physically, mentally, and spiritually

- Seniors have access to suitable housing options
- Seniors have the support they need to stay in place
- Seniors have the support and information they need to maintain their wellbeing
- Seniors have access to health care information and services that support their individual choice and needs
- Carers and grandcarers are recognised and supported

### Safe and friendly communities

- Members of the community welcome and respect seniors
- Community infrastructure is accessible and inclusive for all seniors
- Seniors can access and navigate the transport system with ease
- Seniors are safe in their homes and as they navigate their communities

### Staying connected and engaged

- Seniors have access to the right information in the right ways so they can make informed choices
- Seniors have opportunities for meaningful and inclusive employment
- Seniors are supported to engage in their community in ways they choose

### Having views that are heard

- Seniors and their advocates feel heard
- Seniors have the confidence and opportunity to make their views heard regardless of identity or background

## Key Focus Areas

- Housing
- Staying in place
- Care and support
- Wellbeing
- Support for Carers

- Inclusive communities
- Infrastructure and spaces
- Transport
- Safety

- Information
- Employment
- Volunteering and social participation

- Representation and advocacy
- Diverse views

## What this means for seniors

- Affordable and appropriate housing
- Increased support for those who wish to stay in place
- Available and accessible care, informed by individual choice
- Proactive support to maintain wellbeing
- Supporting those who care for seniors, including other seniors

- Addressing ageist attitudes and valuing seniors' contributions
- Age-friendly public spaces, infrastructure, and facilities
- Accessible, appropriate, and affordable transport options
- Supporting seniors to be safe at home and in the community

- Accessible and culturally appropriate information which enables informed choices
- Available and appropriate opportunities for employment
- Enhanced opportunities for volunteering and socially participating in the community

- Meaningful opportunities for seniors to make their views heard
- Elevate and advocate for the diverse views of seniors

## Domains of the WHO Age-friendly Communities Framework

- Community and Healthcare
- Housing

- Respect and social inclusion
- Transportation
- Outdoor spaces

- Communication and information
- Civic participation and employment
- Social participation

- Civic participation and employment
- Respect and social inclusion

## Action Plan

## Monitoring and Evaluation Plan

# Seniors Strategy Actions (2023-2033 Action Plan)

## Pillars of change

## Actions

### Thriving physically, mentally, and spiritually

- Identify current and future housing needs of seniors at home to inform updates to policy and commissioning practices
- Explore how to measure and respond to happiness and wellbeing among seniors in WA
- Investigate training support services pilot program for regional in-home care
- Physical activity programs for seniors
- Provide information and advice on housing options for seniors in WA
- Ensure health literacy is a core component of WA health system policies, programs and services intended to support the health and wellbeing of WA seniors
- Investigate a State-Wide Model of Service for Older Aboriginal Mental Health
- Provide information and programs on falls prevention for older people in WA
- Continue to scope and implement models of care to support independence at home and other appropriate settings, in line with Sustainable Health Review recommendations

### Safe and friendly communities

- Support a grants program supporting local governments to become members of the WHO Global Network of Age-friendly Cities and Communities
- Develop a charter of rights for the older person
- Deliver a public campaign to address ageism in WA
- Champion the Age-friendly Communities grants program
- Deliver the Elder Rights WA wrap-around service and measure impact
- Establish a peak advisory group for seniors to maximise impact and reach
- Improve accessibility of parks in WA for seniors
- Ensure all future Metronet infrastructure (including all new train stations) are accessible and user-friendly for seniors
- Taxi Users Subsidy Scheme (TUSS) reform program
- Review policies and procedures for the Country Age Pension Fuel Card

### Staying connected and engaged

- Establish a streamlined seniors information service through expansion of existing services
- Advocate and lead practice in supporting government and industry efforts to make digital spaces more inclusive and age friendly
- Establish a seniors information package to increase awareness and uptake of existing services and concessions
- Redesign Digital Literacy programs to target seniors in regional areas and improve impact
- Support the development of decision-making information for older Aboriginal people
- Highlight the valuable contributions of seniors to the community
- Work with Community Resource Centres and libraries to design intergenerational programs for local communities
- Ensure the successful delivery of the intergenerational LGBTQIA+ program
- WA Multicultural Policy Framework and Language Services Policy 2020
- Inclusive policies and programs
- Deliver activities and programs to improve seniors' wellbeing and participation

### Having views that are heard

- Establish a grant fund to support relevant peak bodies and community organisations to promote and advocate for all seniors in WA
- Ensure there is capacity for seniors' views to be heard
- Review policy design processes to ensure a consistent and meaningful approach to elevating the diverse views of seniors

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