



Family and Foster Care Learning
Carers at the heart of learning

2026 Workshops and Webinars

Click on the 'months' to view workshops

January

No Workshops

February

e-Safety
PACE
Attachment and Trauma
(online)

March

Therapeutic Crisis
Intervention for Families
Caring for Aboriginal
Children
Heartbeat (First Aid)

April

Blocked care (Webinar)

May

Pamper Day
Heartbeat (First Aid)
Bringing up Great Kids

June

Therapeutic Crisis
Intervention for Families
Circle of Security

July

Foetal Alcohol Spectrum
Disorder (FASD)
Therapeutic Crisis
Intervention (Refresher)
(Webinar)

August

Protective Behaviours
Heartbeat (First Aid)
Men Who Foster

September

Bringing up Great Kids
Attachment and Trauma
(online)

October

Therapeutic Crisis
Intervention – Applying
the skills
Kambarang Cultural Day
Heartbeat (First Aid)
Attachment and Trauma

November

Attachment and Trauma
Therapeutic Crisis
Intervention for Families
Moorditj Family Yarns
(Webinar)

December

No workshops

To access this calendar, and the online enrolment form, please click on the link below:

[Information for current foster and family carers \(www.wa.gov.au\)](https://www.wa.gov.au)



The Department of Communities acknowledges Traditional Custodians of Country throughout Western Australia and recognises their continuing connection to lands, waters and communities. We pay our respects to Aboriginal and Torres Strait Islander cultures, and to Elders both past and present.

Term 1

2026

1 February – 30 April



Attachment Disruption & Developmental Trauma

Self-paced

Online Learning Package

Carolyn Aylmore

11 February

Wednesday

e-Safety / Cybersafety

10.00am to 1.00pm Central

WA Child Safety Services

26 February

Thursday

P.A.C.E – A Daniel Hughes Approach

9.30am to 1.00pm Central

Zoie Caporn

5, 12, 19 & 26 March

Thursdays

Therapeutic Crisis Intervention for Families (TCIF)

9.30am to 2.30pm East

Steven Jones / Carolyn Aylmore

25 March

Wednesday

Caring for Aboriginal Children

10.00am to 1.00pm Keith Maine

Abigail Ware

31 March

Tuesday

Heartbeat Club – First Aid course

10.00 to 1.00pm South



Term 2

2026

29 Apr

Wednesday



Blocked Care

10.00am to 11.30am **Online - Webinar**

Zoie Caporn

2 May

Saturday

Pamper Day for Female Carers

10.30am to 2.00pm Central

Carer Learning Team

6 May

Wednesday

Heartbeat Club – First Aid course

10.00 to 1.00pm East



7, 14 & 21 May

Thursdays

Bringing Up Great Kids – Family Carers

9.30am to 2.30pm North

Jane Ogilvie/
Abigail Ware

3, 10, 17 & 24 June

Wednesdays

Therapeutic Crisis Intervention for Families (TCIF)

9.30am to 2.30pm North

Carolyn Aylmore /
Steven Jones

16, 23 & 30 June

Tuesdays

Circle of Security

9.30am to 2.30pm Central




Zoie Caporn



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Term 3

2026

28 July Tuesday		Foetal Alcohol Spectrum Disorder (FASD) 10.00am to 1.00pm Central	Neil Reynolds / NOFASD
30 July Thursday		Therapeutic Crisis Intervention – Refresher 10.00am to 11.30am Online - Webinar	Carolyn Aylmore
4 August Tuesday		Protective Behaviours, an introduction 9.30am to 1.30pm Central	Carolyn Aylmore
13 August Thursday		Heartbeat Club – First Aid Course 6.30pm to 9.30pm Central	
28 August Friday		Men Who Foster – Celebration 6.30pm to 9.30pm Central	Carer Learning Team
1 September - 30 November		Attachment Disruption & Developmental Trauma Self-paced Online Learning Package	Carolyn Aylmore
3rd, 10th & 17th September Thursdays		Bringing Up Great Kids – Family Carers 9.30am to 2.30pm East	Jane Ogilvie/ Abigail Ware

Term 4

2026

15 October Thursday		Therapeutic Crisis Intervention – Applying the skills 10.00am to 1.00pm Central	Steven Jones / Carolyn Aylmore
21 October Wednesday		Kambarang Cultural Day 10.00 to 2.00pm Keith Maine Centre	Carer Learning Team
28 October Wednesday		Heartbeat Club – First Aid Course 10.00am to 1.00pm Northside Community Church (Joondalup)	
29 October, 5 & 12 November Thursdays		Attachment Disruption & Developmental Trauma 9.30am to 2.00pm Central	Carolyn Aylmore
3, 10, 17 & 24 November Tuesdays		Therapeutic Crisis Intervention for Families (TCIF) 9.30am to 2.30pm South	Jane Ogilvie / Zoie Caporn
19th November Thursday		Moorditj Family Yarns 10.00am to 11.30am Online - Webinar	Abigail Ware

Attachment Disruption & Developmental Trauma, the impact of ...

Learn how disrupted attachment and trauma affect a child's brain, behaviour, and relationships. Get practical strategies and create a personalised plan to support your child.

Must attend all sessions to complete this course

Recommended for carers who have a current child in their care that they can use as an example

October

Online Learning Package

Not able to attend in-person?
We offer this course online.



Feb-Apr

Sep – Nov

Heartbeat Club – First Aid course

Learn CPR and first aid for common child injuries like burns, choking, and drowning.

March

May

August

October

P.A.C.E – A Daniel Hughes Approach

Discover how this approach can help children feel safe and build trust. Learn ways to reduce conflict and strengthen relationships.

February

Therapeutic Crisis Intervention for Families (TCIF)

Four-day training to prevent and manage crises with children. Learn strategies to de-escalate situations and teach constructive coping skills.

Must attend all four sessions to complete this course

March

June

November



Recommended Learning (within the first 2 years)

Caring for Aboriginal Children

Build confidence in caring for Aboriginal children. Topics include history, family systems, cultural connection, communication, and cultural safety. Relaxed environment for questions.

March

Moorditj Family Yarns

Relaxed online sessions to yarn about topics important to Aboriginal and Torres Strait Islander children. Participants are encouraged to share their thoughts and experiences and ask questions. For the best experience, please link into these sessions with your camera and microphone on!



November

Circle of Security

The course aims to strengthen your bond with children and learn to read emotional needs, support big feelings, and boost self-esteem.

The program is a three-week course and is most suitable to those of you who care for children aged 6 months to 8 years.

Must attend all sessions to complete this course

Carers only, who have a current child in their care that they can use as an example

June

e-Safety / Cybersafety

Understand how kids use technology and the risks involved. Get practical tips for safe internet use

February

Protective Behaviours, an introduction

Supports carers to help teach children to stay safe and seek help.

Covers two key themes: “We all have the right to feel safe” and “We can talk to someone about anything.”

August

TCI – Refresher

This is a refresher workshop for people who have previously completed the TCI or TCIF course. You are encouraged to attend a refresher each year.



July



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Bringing up Great Kids – Family Carers

Explore your family story and relationships. Learn about the impact of trauma on children's development and behaviour and how to respond to challenging behaviour in positive ways.

May

September

Blocked Care

Caring for a child is rewarding, but it can also be hard work – especially when a child has challenging behaviours to manage. Sometimes, the stress of caring for the child can become too much, and a well-meaning carer can gradually develop child-specific 'blocked care'.



April

Foetal Alcohol Spectrum Disorder (FASD)

Learn about FASD, its impact on early and lifelong development and strategies for prevention and support.

July

Kambarang Cultural Day

A wellness day for family carers with fun, relaxation, and yarning in a beautiful setting.

October

Men Who Foster - Celebration

An evening to share experiences, learn from others, and enjoy a meal together.

*** Maximum 40 people ***

August

Wellness Day for Female Carers

Come and meet other carers, connect over lunch, learn from each other and unwind a little.

Details to be confirmed.

*** Maximum 60 people ***

May

TCI – Applying the skills

A practical session to review and apply TCI strategies. Share successes and challenges with other carers. Talk about how you are using the skills and refresh your knowledge of the TCI basics.

Must have completed a TCI / TCIF course prior to attending

October



External Learning Opportunities and Useful Websites

Circle of Security Providers

Ngala – facilitates an eight-week program in partnership with Parenting Connection WA (see website below)

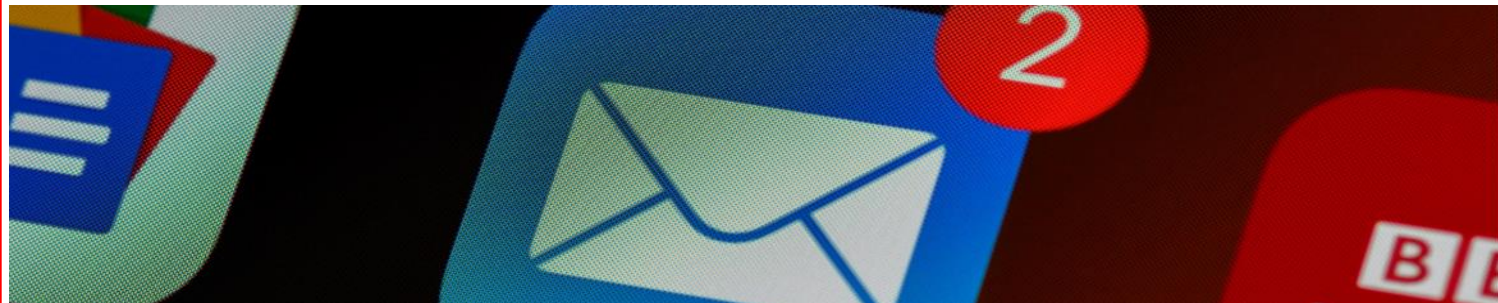
- Gascoyne, Midwest and North West Metro

South Coastal Health and Community Services

- Rockingham

Midvale Hub Parenting Service – free service for parents and families

- Mundaring, Swan, Bassendean and Bayswater council areas



Useful Websites:

ADHD-WA - <https://www.adhdwa.org/> - peak body in WA

Australian Childhood Foundation – Professional Community Resources Page –

<https://professionals.childhood.org.au/resources/>

Beacon House – Resources Page - <https://beaconhouse.org.uk/resources/>

Center for the Developing Adolescent – University of California (UCLA) -

<https://developingadolescent.semel.ucla.edu/>

Center on the Developing Child – Harvard University – Resources Page -

<https://developingchild.harvard.edu/resources/>

Centre for Excellence in Therapeutic Care - [CETC - Centre for Excellence in Therapeutic Care](#)

Child Trauma Academy (Bruce Perry and Associates) – Library Page - <https://www.childtrauma.org/cta-library>

Community Services ACT – Therapeutic resources section -

<https://www.communityservices.act.gov.au/children-and-families/adoption-kinship-and-foster-care/therapeutic-resources>

CREATE Foundation – <https://create.org.au/>

Emerging Minds – Resources Page - <https://emergingminds.com.au/>

Foster Care Association (WA) – <https://www.fcawa.com.au/>

Meerilinga - <https://www.meerilinga.org.au/parenting-courses-services/> -

Office of the eSafety Commissioner - <https://www.esafety.gov.au/> - free information to parents, teens, kids – webinars – up to date info

Parenting Connection WA - <https://parentingconnectionwa.com.au/> - free parenting events across the state – includes Circle of Security, Bringing up Great Kids

The Healing Foundation - <https://healingfoundation.org.au/resources/>

Therapeutic Parenting (Naish) - <https://www.facebook.com/groups/therapeuticparents>



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Did you miss a webinar from last year?



You're in luck, as these are recorded and stored on our Past Webinar Recordings page, with over 60 to choose from!

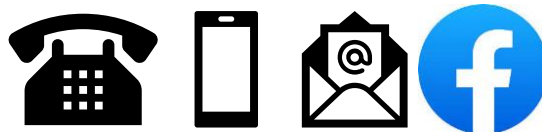
Here is a selection of what is available under each theme.

Year	Theme	Topic
2022	Caring for Aboriginal Children	Developing Cultural Plans
2024	Child Protection processes	Special Guardianship Orders
2021	Child Mental Health	Emotion Coaching Strategies
2024	Disability	Developmental Language Disorder
2025	Harmful Sexual Behaviour	Carer Resource
2021	Legal Processes	Children in Care
2023	Protective Behaviours	Preventative Strategies
2025	Safe Caring	Product Safety for Children
2023	Self-Care	Our SPACE WA
2023	Therapeutic Parenting	PARENTS – Therapeutic Parenting
2024	Developmental Trauma	Trauma & Adolescent Development

To access you need a 'Moodle' account, then search "Past Recordings" and self-enrol in the course to access over 60 recordings from 2020-2025.

Click [HERE](#) to access the page.

If you need any help, please contact us



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