

Motorcycle Safety

Social media pack

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Keep a safe distance



Post 1 – Space gives you time to react

Leave yourself time and space.

Keep at least a 3-second gap from the vehicle in front — it gives you time to react if something goes wrong.

If visibility is poor or the weather turns bad, increase it to 4 seconds or more.

For more information on motorcycling safety, visit the @Road Safety Commission Western Australia: www.rsc.wa.gov.au/motorcyclists



Post 2 - Space to react in poor weather

When conditions are poor — rain, fog or low light — increase your gap to 4 seconds or more to give yourself extra time to react.

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Post 3 – Space to react in traffic

When stopped behind a vehicle, leave at least one car length of space and stay aware of traffic around you — including vehicles behind you.

This gives you room to move forward if needed or avoid a roll-back from the vehicle ahead.

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Post 4 – Give more space to avoid hazards

Hazards can appear without warning — around bends, over crests, or in poor conditions. Leave yourself plenty of room so you have the time to respond safely.

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Post 5 – Give more space.

Good conditions: leave space.
Bad conditions: leave more.

Extra space gives you extra time.

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Visibility



Post 6 – Ride to what you can see

Limited view ahead? Ease off the accelerator.

Your speed should always match how far you can see — whether it's a bend, crest, rain or glare. If you can't see it, you can't react to it.

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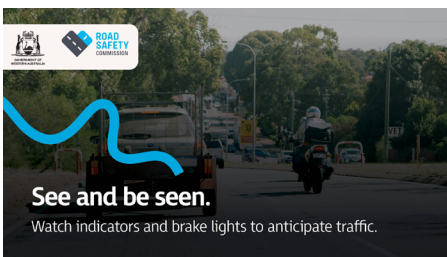


Post 7 – See and be seen.

Mirrors. Head check. Surroundings.

Before you move, make sure you know what's happening all around you.

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Post 8 – See and be seen.

Watch for the signals around you so you can anticipate what other drivers might do next — and give yourself time to respond.

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Post 9 – Be seen. Be safer.

Other drivers may not know you're there. Choose a lane position that improves your visibility and gives you space to react.

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Post 10 – Be seen. Be safer.

Motorcycles are smaller and easier to miss in traffic. Using your lights improves your visibility and helps you be seen earlier. Use low beam when there is no oncoming traffic, otherwise use high beam to see further ahead. Use riding lights if installed for extra visibility.

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Post 11 – Be seen. Be safer.

Standing out in traffic makes you easier to notice. Bright or reflective gear can help other road users see you sooner.

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Situational awareness



Post 12 – Ride to the conditions.

Changing light and weather conditions can catch you off guard. When visibility drops, adjust your speed to match what you can see. Slowing down gives you more time to react and reduces the distance you need to stop safely.

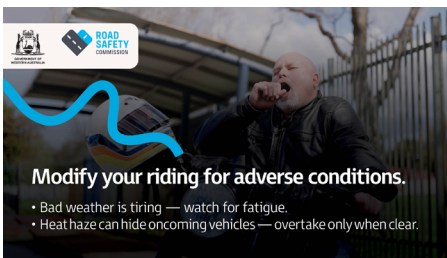
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Post 13 – Ride to the conditions.

High winds can push and unsettle your bike without warning. Slow down, keep a firm grip on the handlebars and stay prepared for sudden gusts. After rain, remember that painted arrows/line and other road markings can be slippery.

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Post 14 – Ride to the conditions.

Conditions change — and your riding should too. Weather, heat and long stretches of road can affect both your visibility and your concentration. Stay aware of how you're feeling and what's happening ahead so you can adjust early and ride safely.

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Fatigue



Post 15 – Fatigue can be a serious safety risk.

Fatigue slows your reactions, affects judgement and can lead to microsleeps without warning. If you feel tired while riding, pull over somewhere safe and rest.

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Post 16 – Stay alert on long rides.

Great rides are meant to be enjoyed — not endured. Take breaks, refuel yourself, and stay alert for the whole journey.

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Protective gear



Post 17 – Ride protected. Ride prepared.

Every ride should start with the right gear. A properly fitted helmet and protective clothing can reduce the risk of serious injury in a crash — and help keep you comfortable in changing conditions. Check out MOTOCAP to compare the safety and comfort ratings of motorcycle gear before you ride.

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Post 18 – Ride protected. Ride prepared.

Helmet on. Gear up. Every ride.

Protective gear helps reduce injury in a crash and shields you from wind, weather and debris. Want to know how your gear stacks up? MOTOCAP independently rates motorcycle gear for safety and comfort.

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Post 19 – Ride protected. Ride prepared.

Your helmet is the most important piece of gear you wear. A properly fitted, approved helmet can significantly reduce the risk of serious head injury in a crash. Check MOTOCAP to see how different helmets perform for safety and comfort.

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