



Help is Available Albany – Mount Barker

Crisis Care Helpline

Free call: 1800 199 008

(24/7 support)

National Domestic, Family and Sexual Violence Counselling Service

Free call: 1800 737 732 (1800 RESPECT)

Alcohol and Drug Support Line

Metro: 9442 5000

Country free call: 1800 198 024

13YARN

24/7 National crisis support for Aboriginal and Torres Strait Islanders

Phone: 13 92 76

Aboriginal Legal Service of WA Inc

Free call: 1800 019 900

Phone: 9841 7833

Advocare

Confidential, free helplines for people at risk of or experiencing elder abuse in residential aged care, home care and in families

Free call: 1800 655 566

WA Elder Abuse Helpline: 1300 724 679

Anglicare WA

Support and referral services

Phone: 1300 114 446

Albany

Phone: 9845 6666

Mount Barker

Phone: 9851 2611

Chorus

In-home and community support for seniors, people with disability or seeking mental health support

Free call: 1800 264 268

Phone: 9892 6666

Citizens Advice Bureau WA

Phone: 9221 5711

Department of Communities

Free call: 1800 176 888

Child Protection and Family Support

Phone: 6277 4100

Department of Housing and Works

Phone: 6551 1000

Housing Office

Phone: 6277 4177

ELDERHelp

National Elder Abuse Helpline

Free call: 1800 353 374

Entrypoint

Referral service for people who are or at risk of becoming homeless

Free call: 1800 124 684

Phone: 6496 0001

Headspace

Phone: 9842 9871

Individual Disability Advocacy Service

Free call: 1800 606 060

Phone: 9842 8566

Men's Domestic Violence Helpline

Information and referrals for men who are concerned about their violent and abusive behaviours, and for male victims of family and domestic violence in WA

Free call: 1800 000 599

MensLine Australia

Support for men with relationship and family concerns

Phone: 1300 789 978

National Disability Insurance Scheme (NDIS)

Access to disability services and funding support

Free call: 1800 800 110

Outcare

Support services to rebuild lives

Phone: 6263 8622

Rainbow Coast Neighbourhood Centre

Support services for parents with children aged 0 to 5 years

Phone: 9841 8254

Relationships Australia

Support services for individuals, couples and families

Phone: 1300 364 277

Phone: 6164 0530

RuralLink

After hours mental health support line for rural communities

Free call: 1800 552 002

Salvation Army

Support and referral services

Phone: 13 72 58

Phone: 9841 1068

St Vincent De Paul Society

Support and referral services

Phone: 1300 794 054

Phone: 9842 2386

Women's Domestic Violence Helpline

Support for women, with or without children, who are experiencing family and domestic violence in WA

Free call: 1800 007 339

Albany

Advance Housing

Phone: 9845 9697

Albany Migrant Resource Centre

Phone: 9841 1190

Albany Women's Centre

Phone: 9845 6000

Albany Youth Support Association

Phone: 9842 2082

Depression Support Network Albany

Phone: 9842 1439

Great Southern Aboriginal Health Service

Phone: 9892 7222

Great Southern Legal Centre Inc

Free call: 1800 606 060

Phone: 9842 8566

Great Southern Mental Health Service

Phone: 9892 2440

Great Southern Migrant Services

Support services for migrants

Phone: 9841 8254

Kids Central Great Southern

Counselling service for parents and children aged 3 to 14 years

Phone: 9842 3676

Palmerston

Counselling services for mental health and substance abuse

Phone: 9892 2100

Parenting Connection WA

Support services for parents with children aged pre-birth to 18 years

Mobile: 0448 137 192

Pivot Support Services

Range of support services for people living with disability, ex-offenders and the disadvantaged in the community

Phone: 9842 9699

Richmond Wellbeing

Mental health support services

Phone: 9842 9221

Samaritan Befrienders Crisis Line

Provides support to prevent suicide

Phone: 9842 2776

Shalom House

Support services to homeless, at-risk, disadvantaged and marginalised people

Phone: 9847 4902

Southern Aboriginal Corporation

Phone: 9842 7777

Uniting WA

Mental health support services

Phone: 1300 663 298

Yorgum

Support services for Aboriginal and Torres Strait Islander people

Free call: 1800 469 371

Mount Barker

Albany Community Mental Health Service

Mount Barker Outreach Clinic

Phone: 9892 2440

Mount Barker Community Resource Centre

Emergency support services

Phone: 9851 2674