



Help is Available

Fremantle – Kwinana – Mandurah – Rockingham

Crisis Care Helpline

Free call: 1800 199 008
(24/7 support)

National Domestic, Family and Sexual Violence Counselling Service

Free call: 1800 737 732 (1800 RESPECT)

Alcohol and Drug Support Line

Metro: 9442 5000
Country free call: 1800 198 024

13YARN

24/7 National crisis support
for Aboriginal and Torres Strait
Islanders

Phone: 13 92 76

360 Health

Counselling, general and mental
health support for Aboriginal and
Torres Strait Islander people

Phone: 1300 706 922

Fremantle

Phone: 9431 7453

Mandurah

Phone: 6595 8850

Rockingham

Phone: 6595 8800

Aboriginal Mediation Service

Free call: 1800 045 577

Phone: 9264 6176

Advocare

Confidential, free helplines for
people at risk of or experiencing
elder abuse in residential aged
care, home care and in families

Free call: 1800 655 566

**WA Elder Abuse Helpline:
1300 724 679**

Anglicare WA

Support and referral services

Phone: 1300 114 446

Care Options

Supports independent living at
home and in the community

Phone: 9550 7888

Chorus

In-home and community support
for seniors, people with disability
or those seeking mental health
support

Free call: 1800 264 268

Circle Green Community Legal

Assistance with rental and
tenancy issues

Phone: 6148 3636

Citizen's Advice Bureau

Legal advice and referral service

Fremantle

Phone: 9335 4522

Kwinana

Phone: 9439 1251

Mandurah

Phone: 9535 3101

Rockingham

Phone: 9527 6671

Crisis Care Helpline

Free call: 1800 199 008

Phone: 9223 1111

Department of Communities

Free call: 1800 176 888

Department of Communities (continued)

Child Protection and Family Support

Fremantle

Phone: 6277 3939

Mandurah

Phone: 6277 4777

Rockingham

Phone: 6277 3888

Department of Housing and Works

Phone: 6551 1000

Housing

Fremantle

Phone: 6414 3222

Kwinana

Phone: 6277 3877

Mandurah

Phone: 6277 3883

ELDERHelp

National Elder Abuse Helpline

Free call: 1800 353 374

Entrypoint

Referral service for people
who are or at risk of becoming
homeless

Free call: 1800 124 684

Phone: 6496 0001

Family Support Network

Phone: 1800 199 008

Headspace

Phone: 9431 7453

Helping Minds

Phone: 9427 7100

Kids Helpline

Free call: 1800 551 800

Life Without Barriers

Support and referral services

Phone: 9208 3400

Lifeline

24-hour support and suicide prevention

Phone: 13 11 14

Men's Domestic Violence Helpline

Information and referrals for men who are concerned about their violent and abusive behaviours, and for male victims of family and domestic violence in WA

Free call: 1800 000 599

Phone: 9223 1199

MensLine Australia

Support for men with relationship and family concerns

Phone: 1300 789 978

Mental Health Emergency Response Line (MHERL)

In an emergency call 000 or visit a hospital emergency department

Metro

Phone: 1300 555 788

Peel

Phone: 1800 676 822

Multicultural Futures

Support services for migrants and refugees

Phone: 9336 8282

National Debt Helpline

Free call: 1800 007 007

National Disability Insurance Scheme (NDIS)

Access to disability services and funding support

Free call: 1800 800 110

New Hope Therapy

Support and counselling services for mental health issues

Phone: 9540 0910

Ngala Parenting Line

Free call: 1800 111 546

Phone: 9368 9368

Outcare

Support services to rebuild lives

Phone: 6263 8622

Palmerston

Counselling services for mental health and substance abuse

Fremantle

Phone: 9430 5966

Mandurah

Phone: 9581 4010

Rockingham

Phone: 9550 9200

Portcare

Emergency relief support services

Mobile: 0431 439 097

Richmond Wellbeing

Mental health support services

Free call: 1800 742 466

RUAH Community Services

Support and referral services

Phone: 13 78 24

Salvation Army

Support and referral services

Phone: 13 72 58

South Metro Community Alcohol and Drug Service

Fremantle

Phone: 9430 5966

Mandurah

Phone: 9581 4010

Rockingham

Phone: 9550 9200

Southern Communities Advocacy Legal and Education Service Inc (SCALES)

Phone: 9550 0400

St Patrick's Community Support Centre

Emergency relief, crisis and transitional accommodation

Fremantle

Phone: 6372 4800

Kwinana Outreach Service

Phone: 9439 0200

St Vincent de Paul Society

Support and referral services

Phone: 1300 794 054

Kwinana

Phone: 9419 6652

Mandurah

Phone: 9535 9035

Rockingham

Phone: 9592 7816

WA No Interest Loans Network Inc

Phone: 9263 2199

Women's Domestic Violence Helpline

Support for women, with or without children, who are experiencing family and domestic violence in WA

Free call: 1800 007 339

Phone: 9223 1188

Women's Law Centre

Free call: 1800 625 122

Phone: 9272 8800

Youth Futures

Support and crisis accommodation for young people

Phone: 9300 2677

Youth Link WA

Support services for young people aged between 13 and 24 years

Free call: 1800 803 356

Phone: 9227 4300

Fremantle

Fremantle Community Legal Centre

Phone: 9432 9790

Fremantle Street Doctor

Phone: 9432 0480

Kwinana

City of Kwinana and St Pat's Outreach Service

Support for people experiencing homelessness

Phone: 9439 0200

Communicare

Support services

Phone: 9251 5777

KEYS – Kwinana Early Years Services

Phone: 9439 1838

Orange Sky – Drop-in Centre

Laundry and showering facilities

See orangesky.org.au for mobile laundry locations near you

Relationships Australia

Phone: 1300 364 277

The Smith Family Darius Wells Library and Resource Centre

Delivers services designed to improve outcomes for children and their families

Phone: 9265 5555

Mandurah

Accordwest

Financial counselling and emergency relief for people who are homeless

Free call: 1800 115 799

Billy Dower Youth Centre

Support and counselling services for young people who are or at risk of becoming homeless

Phone: 9550 3670

Bridge Builders Inc.

Provides food relief and support to individuals and families in the Mandurah and Peel region

Phone: 9581 1980

Phone: 0458 297 185

Calvary

Crisis accommodation for young people aged 15 to 25 years

Phone: 9581 1741

Enable

NDIS supported living services

Phone: 9792 7500

GP Down South – Peel

Health and wellbeing services

Phone: 9537 5500

Halo Team Inc

Support and referral services

Phone: 9586 2245

Housing Choices WA

Affordable housing for low-income earners

Phone: 9534 0400

Lotus Support & Counselling Services Incorporated

Support, mentoring and counselling for people experiencing homelessness and disadvantage

Phone: 0491 640 320

Money Mentors

Financial counselling and support services

Phone: 9581 1281

New Beginnings Outreach Centre

Provides affordable essentials and community support

Phone: 9569 8822

Phone: 0458 297 185

Nidjalla Waangan Mia Aboriginal Health and Wellbeing Centre

Phone: 9586 4580

OVIS Community Centre

Crisis accommodation for victims of family violence

Phone: 9535 4775

Crisis Care: 1800 199 008

Passages

Youth Engagement Hub

Phone: 9583 5160

Peel Community Care

In-home support for seniors and people with a disability

Phone: 9531 2076

Peel Community Legal Services

Phone: 9581 4511

PeelConnect Incorporated

Counselling, support and mentoring for people at risk of homelessness, mental health or addiction

Phone: 0420 714 379

Peel Youth Services

Counselling youth and
parent support

Phone: 9581 3365

Reconnect Mission Australia

Support and referral services

Phone: 9531 9400

Wanslea

Youth counselling and support

Phone: 9245 2441

Phone: 1300 969 645

WestAus Crisis and Welfare Services

Referral service for people
who are or at risk of becoming
homeless

Phone: 9582 9920

Rockingham

Babbingur Mia

Support services for Aboriginal
and Torres Strait Islander people
experiencing mental health or
substance abuse issues

Phone: 9550 0900

Coastal District Care Centre

Emergency relief support
services for people who are
homeless

Mobile: 0416 413 849

Lucy Saw Women's Refuge

Phone: 9527 6872

The information in this brochure is provided as a service to the community in good faith, and is believed to be reliable and accurate at the time of publication. The service providers listed on the brochure, whether internal or external to the Department of Housing and Works (the Department), are included solely for information purposes. External service providers manage their service independently of the Department. It is the reader's responsibility to make their own decision to use a service listed on the brochure.

Translating and Interpreting Service (TIS) – Telephone: 13 14 50

If you are deaf, or have a hearing or speech impairment, contact us through the National Relay Service.

For more information visit: www.accesshub.gov.au/about-the-nrs